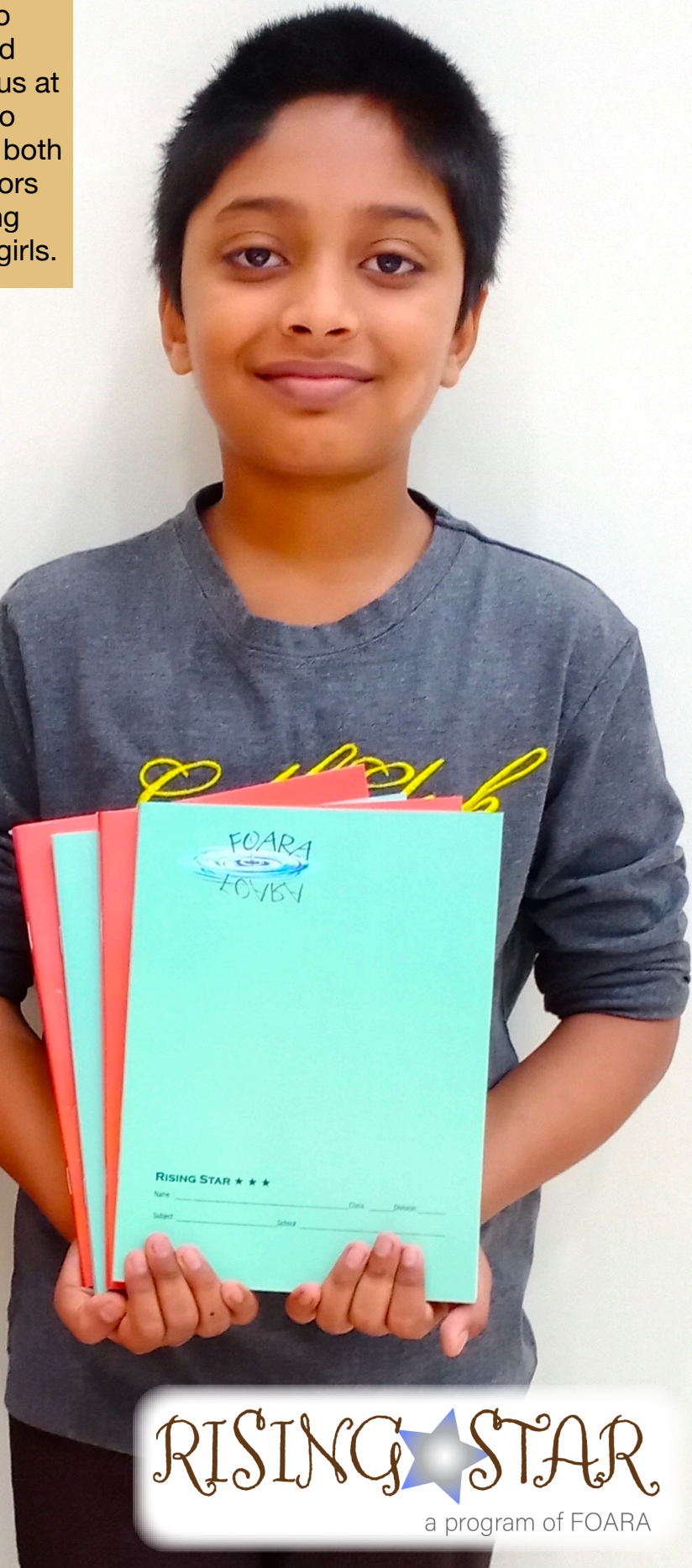
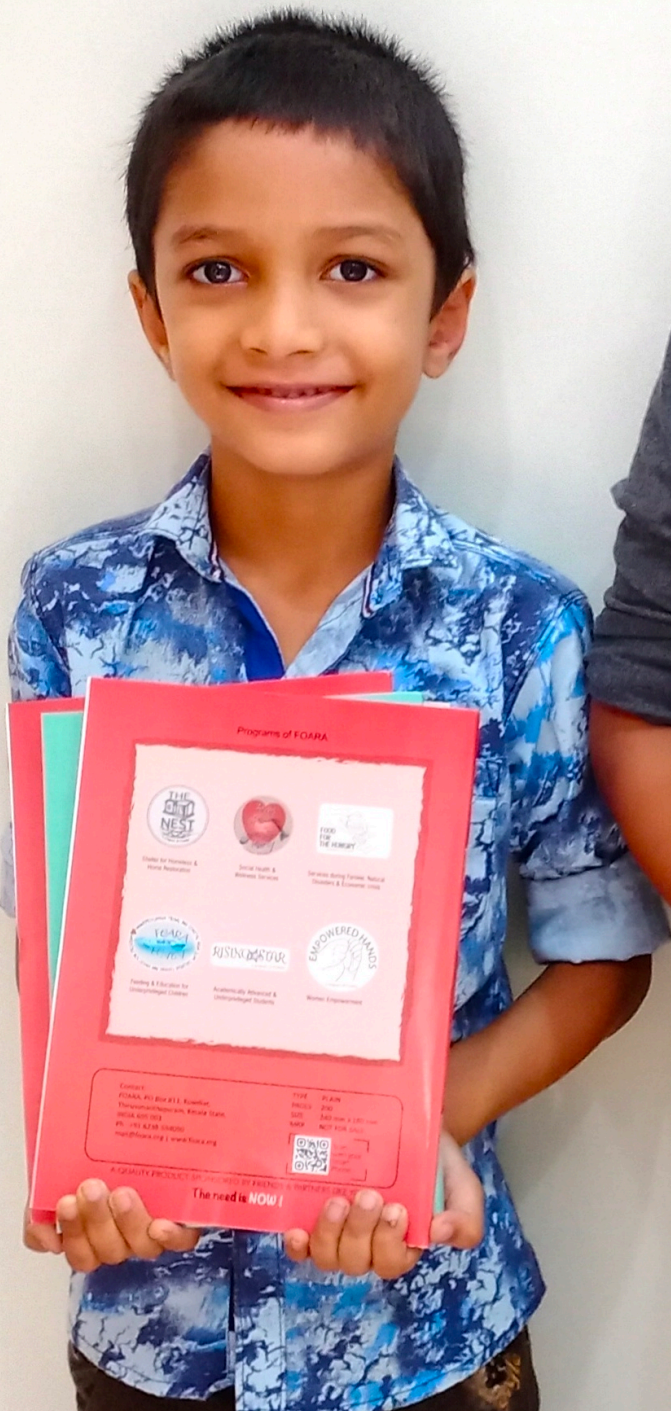




# NEWSLETTER SEPTEMBER 2020

Like other children who is enrolled in the Rising Star program, Star Richal & Star Rinjo who currently are pursuing 4th and 1st Standard Central Board of Secondary Education Syllabus at Thiruvananthapuram are so very thankful to receive High Quality Rising Star Note Books - both ruled and unruled, from compassionate donors who are passionately educating and feeding academically brilliant underprivileged boys & girls.

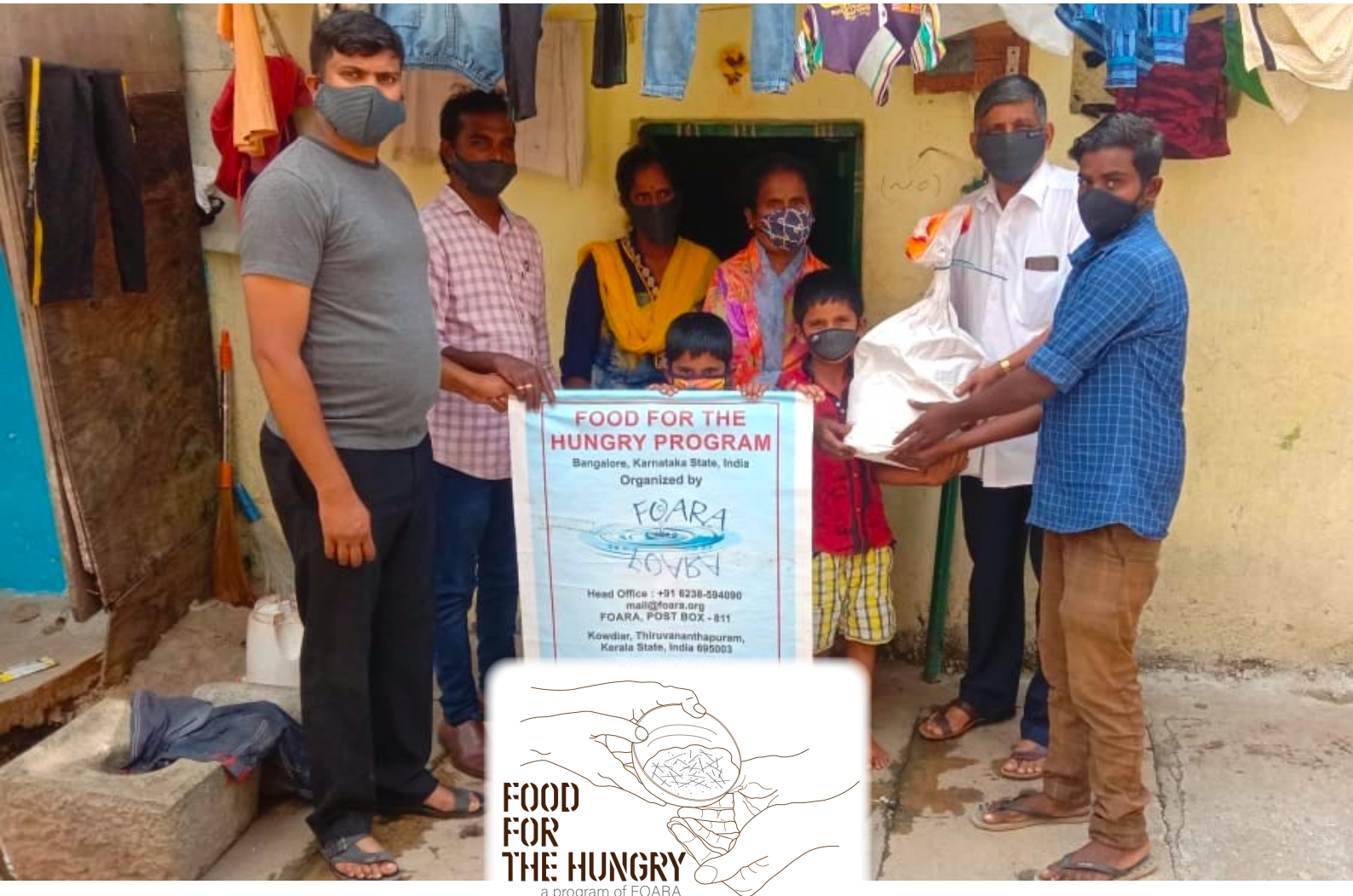




Typical Content of the Food For the Hungry Bag



FOARA Volunteers @ Sealdah Slum, Kolkata



**FOOD FOR THE HUNGRY**  
a program of FOARA

FOARA Volunteers @ Dodiguntta Slum, Bangalore



**Empowered Hand Space @ Thiruvananthapuram, Kerala**



**Environmental friendly Paper Carrying Bag manufacturing in-progress @ Empowered Hands, Thiruvananthapuram**

Our Women Empowerment program, Empowered Hands is gearing up and will adhere strictly to COVID 19 Protocols. Several products are being planned and are to be launched to the market place via our partner agencies. The profits will be utilized for the same program as well as to feed the underprivileged Children in the tribal, costal and slum areas in a 50:50 ratio.

# From the Director's Desk

Dear Partners,

Now more than ever, we are extremely grateful to our partners for being a part of FOARA. At a time when everything feels uncertain, we find comfort and encouragement in knowing that you care about our cause. While much of the world has stopped, our mission at FOARA will not be put on pause. While all of us are facing great challenges at this time, we hope that you can find some peace in knowing that you are a vital part of the community that's making a difference.

A special thanks to the faithful partner who printed a large number of note books for our rising star program. The children were extremely happy when they received their books. We are still distributing food kits for families in need in Chennai, Bangalore, Kolkata and Kerala. Some products are being manufactured through our Empowered Hands program while keeping COVID 19 protocols.

On behalf of all of us at FOARA we thank you for being a part of our mission. We wish you and your family health, safety, and happiness and want you to know that together, we can overcome all things and make a difference.

Thank you!

Dr. Joyce Koshy

## Our Vision

Healthy, happy, contented and dignified lives for the poorest of the poor of our nation



## PROGRAMS OF FOARA



FEEDING & EDUCATION  
FOR THE  
UNDERPRIVILEGED  
CHILDREN



SHELTER FOR  
HOMELESS & HOME  
RESTORATION



ACADEMICALLY ADVANCED &  
UNDERPRIVILEGED STUDENTS



SOCIAL HEALTH &  
WELLNESS SERVICES



SERVICES  
DURING FAMINE,  
NATURAL  
DISASTERS &  
ECONOMIC  
CRISIS



WOMEN EMPOWERMENT

The need is **NOW!**

For donations please use the following bank Current Account mentioning the program you would love to support

FOARA Bank A/c # 5914000100008280

IFSC Code: PUNB0591400

Punjab National Bank, Kowdiar,  
Thiruvananthapuram, Kerala State, INDIA 695003

Scan with your Smart Phone



Mobile/ Whassaap: +91 6238-594090 Website: [www.foara.org](http://www.foara.org) Email: [mail@foara.org](mailto:mail@foara.org)  
FOARA, PO Box 811, Kowdiar, Thiruvananthapuram, Kerala State, INDIA 695003