



# KERALA

## OPERATIONS

[www.foara.org](http://www.foara.org)



The need is **NOW!**



Tribal Women Attending  
FOARA cloth distribution at  
Wayanad Illathuvayal Kabani  
river bank

# FOARA

# NEWSLETTER

JULY 2019



# FOARA @ TRIBAL AREAS OF KERALA

**6000 Year old Stone Age Carvings at Edakkal Caves, 1200m above sea level @ Nenmeni - Wayanad District**

FOARA Vision States - ***Healthy, happy, contented and dignified lives for all the poorest of the poor of the nation.*** In line with this vision, FOARA has started its operations in the southern State of India, Kerala. FOARA was in search for the poorest of the poor tribal communities, that was identified in remote tribal areas of - Wayanad, Palakkad and Idukki districts where the poor tribal population is more compared to other districts of the state.

Tribals (Adivasis) in Kerala are the indigenous population in Kerala. Majority of the tribal people of Kerala live in the forests and mountains of Western Ghats, bordering the neighboring states of Karnataka and Tamil Nadu. The 2001 census of India, shows the scheduled tribe population in Kerala as 3,64,189. Wayanad has the highest number of tribals (1,36,062). Palakkad (39665) and Idukki (50973) districts falls next in tribal population. The Paniyar Tribe are the largest of the 66 major tribes in Kerala State.

The tribals originally are from the Wayanad region. In 1940s during the British rule roads were built and commercial plantations began to sprout, this caused a migration of settlers to this region which tremendously displaced the adivasis of the area. The tribes lost their land where reduced in numbers and currently constitute only 20% of the total population of the district. The native Adivasis are mostly physically distinguishable with darker skin and stout built physique. They live in houses made of thatched roof, mud, bamboo and brick houses set in swampy valleys and plateaus.



**Tribal of Attappadi - Palakkad District**



# FOARA WAYANAD

## Scenic Beauty of Wayanad

### Objective

To provide sustainable water, food, clothing, shelter, medical care & education to the poorest of the poor & the underprivileged of Wayanad District, Kerala, INDIA.

### Current Goals

To provide one meal a day, new clothing and education to the poorest of the poor and the underprivileged kids.

Provide an evening tuition facility to the beneficiaries and hand them their meal packets as they return home.

### Project Outline

The food distribution, new clothing and education is planned to be given in two locations due to the scattered nature of place of stay of beneficiaries.

Illathuvayal Kabani river bank facility and at a facility near Valliyookavu.

- Qualified and experienced tutors teaching multi subjects for kids up-to 12th Std are engaged.
- Project/Attendance will be monitored daily by state of the art apps in iOS & Android. FOARA stake holders would receive the report on daily real time basis.



**FOARA Volunteers Empowering the Tribal Community - With Motivational Speeches on Human Rights**

# FOARA PALAKKAD

## Panoramic View of Palakkad Hills

### Objective

To provide sustainable water, food, clothing, shelter, medical care & education to the poorest of the poor & the underprivileged of Palakkad District, Kerala, INDIA.

### Current Goals

To provide one meal a day, new clothing and education to the poorest of the poor and the underprivileged kids.

Provide an evening tuition facility to the beneficiaries and hand them their meal packets as they return home.

### Project Outline

The food distribution, new clothing and education is planned to be given at local NGO tuition center at Agali Village with local NGO partnerships.

- Qualified and experienced tutors and the tuition premises and facilities that can teach multi subjects for kids up-to 12th Std, would be provided by local NGOs.



**FOARA Volunteers Empowering the Student Community at local NGO facility at Agali - Attappadi.**



# FOARA IDUKKI

## Tea Gardens of Idukki

### Objective

To provide sustainable water, food, clothing, shelter, medical care & education to the poorest of the poor & the underprivileged of Idukki District, Kerala, INDIA.

### Current Goals

To provide one meal a day, new clothing and education to the poorest of the poor and the underprivileged kids.

Provide an evening tuition facility to the beneficiaries and hand them their meal packets as they return home.

### Project Outline

The food distribution, new clothing and education is planned to be given at the following three locations:

1. Pettimudy, Adimali (Children belonging to “Mannan” Tribe).
  2. Pallivasal, Adimali (Children belonging to “Mannam Muthuvam” Tribe)
  3. Kizhukanam, Upputhara (Children belonging to “Ullam” & “Uralli” Tribes)
- Qualified and experienced tutors from locality arranged.



**FOARA Volunteer Appreciates Miss Sharanya, Tribal Girl from Idukki who got 23rd Rank in Kerala State Medical Entrance Examination.**



Dear Donor,

Our heartfelt thanks to you. Cause none of these were possible without your involvement. You were part of the team. You did really make a difference in many lives ! Thank You so much !!!

**HOW CAN YOU HELP FURTHER**

Sponsor a Child - Rs 700/ Month

We do accept Gifts-in-kind. Call **+91 95628 31730**

**FOARA Bank A/c # 5914000100008280, IFSC Code: PUNB0591400**

**Punjab National Bank, Kowdiar, Thiruvananthapuram, Kerala 695003 INDIA**

Once You remit, please contact us via Email: [mail@foara.org](mailto:mail@foara.org) , so that you get your receipts promptly



**FOARA Volunteers were so privileged to be the Guest of Mr Kumaran & family of Urali Tribe, Kizhukanam, Idukki. They provided us with this Snack - Black Coffee, Jack Fruit & Wild Honey (This combination was so delicious !!!)**

We would like to hear your suggestions/ advise: Please feel free to email us at [mail@foara.org](mailto:mail@foara.org)