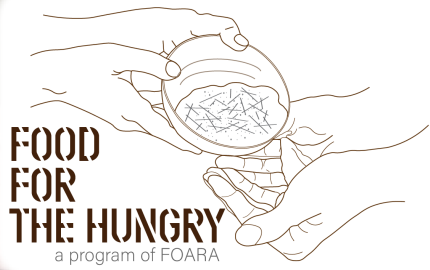


Five year old Mahima was always concerned about her physically challenged Dad-Ratan Singh, a social worker who is always moving around serving his community. Mahima is now at ease after her dad received a bike with side wheel attachment from the Arms of Mercy @ Amritsar, State of Punjab



Mudslide warnings due to heavy rains brought ten year old Renuka & Rekha, along with several other children, to find shelter at the Precautionary Flood Relief Camp, Government High School (GHS). They all had a good time playing board games as well as other indoor games. Thanks to the kindhearted donors who provided these along with the COVID 19 PPE Kits supplied to the camp inmates. Pictured on left is, Head Mistress Shrimati Radhika of GHS receiving the gifts from FOARA Volunteer Shri Santhosh Kumar (PTA President - GHS) @ Tholpetty, Wayanad, Kerala



Rita is mother of two minor kids aged 2 & 3. Her husband who worked as sweeper at a mall has lost his job due to COVID 19 pandemic. She thankfully accepts the food kits that is been distributed by FOARA Volunteer Arpita @ Sealdah Koley Market, Kolkata

Nayana is a very studious student. She always wanted a table and chair to help her concentrate better on studies. She is currently attending her school via online learning. Pictured on the left are FOARA Volunteer Shri Suresh Bapu along with Nayana as she receives a work station.
@ Trivandrum, Kerala



RISING STAR
a program of FOARA

At Rising Star, our children are engaged in their studies under the Central Board of Secondary Education, Indian Certificate of Secondary Education and the Kerala State Syllabus programs. Below are pictured FOARA volunteers distributing study materials to our children here at Rising Star, Kottayam, Kerala



From the Director's Desk

Dear partners,

I am very grateful to all of you who have helped us throughout these past few months to feed thousands of starving people across several states within India. We are always encouraged by how the staff and volunteers come together in the face of adversity to help others who are in desperate situations. We are living through a very difficult time and we know that people can be scared and stressed out at this time.

Currently, we are distributing food kits through our **FOOD FOR THE HUNGRY** program which supports communities in Kerala, Chennai, Bangalore and Kolkata. We were able to support children from financially poor backgrounds, helping to make their schooling possible through our Rising Star Program. Through the Arms of Mercy program, we were able to distribute several COVID 19 personal protective items. It is a joy that we were able to provide a motor bike with side wheel attachment to a physically challenged social worker to allow him to get around easier and have a bigger impact.

It has been inspiring to witness the FOARA family (staff and volunteers) come together in such a time like this. We will continue to work together to bring help to the communities around us. Please stay safe and be encouraged.

Thank you!
Dr. Joyce Koshy



Our Vision
Healthy, happy,
contented and
dignified lives for the
poorest of the poor
of our nation

PROGRAMS OF FOARA



FEEDING & EDUCATION
FOR THE
UNDERPRIVILEGED
CHILDREN



SHELTER FOR
HOMELESS & HOME
RESTORATION



ACADEMICALLY ADVANCED &
UNDERPRIVILEGED STUDENTS



SOCIAL HEALTH &
WELLNESS SERVICES



SERVICES
DURING FAMINE,
NATURAL
DISASTERS &
ECONOMIC
CRISIS



WOMEN EMPOWERMENT

The need is **NOW!**

For donations please use the following bank Current Account mentioning the program you would love to support

FOARA Bank A/c # 5914000100008280

IFSC Code: PUNB0591400

Punjab National Bank, Kowdiar,
Thiruvananthapuram, Kerala State, INDIA 695003

Contact Us:

www.foara.org +91 6238-594090 mail@foara.org

FOARA, PO Box 811, Kowdiar,
Thiruvananthapuram, Kerala State, INDIA 695003

