

QUARTERLY NEWSLETTER

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Our Vision

Healthy, happy, contented and dignified lives for the poorest of the poor of our Nation

From the Director's Desk

Dear partners,

We would like to express how grateful we are to our partners for being such a vital part of FOARA. We find comfort and encouragement in knowing how much you care about our cause and are willing to help make a difference, now more than the ever world needs to experience love. We at FOARA will not stop working towards our mission, no matter if the world is at stand still or not. We hope that you as well can find comfort and encouragement knowing that you are also an instrumental part in making a difference in the world through your support of FOARA.

We continue feeding children in the slums of Kolkata and distributing food kits for families in need in Banglore, Kolkata and Kerala. Some products are being manufactured through our Empowered Hands program while keeping COVID 19 protocols. Special thanks to the kind supporters for donating notebooks to our RISING STAR program and wheelchairs for our ARMS OF MERCY program.

On behalf from all of us at FOARA, we give you special thanks for being such an important part of our mission. We wish you and your family health, safety, and happiness and want you to know that together we can overcome all things and make a difference.

Thank you!

Dr. Joyce Koshy





PROGRAMS OF FOARA













The need is **NOW!**

For donations, please use the following Bank Account mentioning the program you would love to support FOARA Bank Current A/c # 5914000100008280, IFSC Code: PUNB0591400

Punjab National Bank, Kowdiar, Thiruvananthapuram

Contact Us: mail@foara.org +91 6238-594090 www.foara.org FOARA, PO Box 811, Kowdiar, Thiruvananthapuram, Kerala State, INDIA 695003



Shilpa, a slum child along with her few friends are so happy to receive her daily food package. Her food package consist of a boiled egg, a banana and a sweet bun. She is being counselled by FOARA volunteers to pursue her schooling





FOARA volunteers distributing the Food for the Hungry food packets at Doddiguntta Slum in Bangalore and at Sealdah Slum in Kolkata





Saju, physically challenged from birth, is so happy to have received a new wheel chair, donated by a kind hearted donor.



a program of FOARA

Akshara, like many of her friends in Rising star program receives her school note books. This was an inaugural moment, where the Seventh Day Adventist School Kaduthuruthy, Kottayam Principal K S Raju inaugurated the program for this school year. All our program children scored high A+s the previous academic year in ICSE syllabus.



